

SHOPPING LIST FOR WORKSHOPS

Back-to-School Prep Week

Bring your workbook to every workshop. You need additional supplies for some workshops, listed and linked below. [I created a list in my Amazon shop for all the additional supplies, if you'd like to use it – just add to cart and check out.](#)

JULY
23

Get Centered: Identify where your energy is best spent.

- [scrap paper](#)
- [an envelope \(preferably 6x9 but any size will do.\)](#)

JULY
24

Get Organized: Build your IEP/ 504/ advocacy binder.

- [binder \(I used a 3"\)](#)
- [dividers with tabs](#)
- [3-ring binder pouches](#)
- [post-it flags](#)
- [highlighter](#)

* You can make a digital binder if you'd prefer. You just need your computer or tablet for that.

JULY
25

Get Structure: Make routines like mornings / bedtime a lot easier.

- [self-laminating pouches](#)
- [jumbo paper clips \(one for each routine\)](#)

* Make sure you have paper and ink in your printer.

Provide Feedback: Create systems for noticing small wins and successes - you don't need to purchase anything before watching this session. [Click here to go to my Amazon shop idea list to shop for supplies after you watch.](#)

JULY
26

Mitigate Distractions: Create a homework station.

You don't need to purchase anything before his workshop – we will discuss all the items there and share additional ideas. [Click here to go to my Amazon shop idea list to shop for homework stations supplies after the workshop.](#)

JULY
27

Make It Simple! Create menus for breakfasts, lunches, and snacks.

- [recipe cards](#) (you can write shared recipes on anything or save them digitally, but these recipe cards are great if you want to use them)