

JULY 22-27, 2024

Back-to-School Prep Week

plan now



LIVE WORKSHOPS



PRE-RECORDED WORKSHOPS

All live workshops include a Q&A. Replays available the following day (and forever).

MONDAY

JULY
22

Get Clarity: Go deep on your child's profile.

with Penny Williams

12-1 PM EDT / 9 AM PT

JULY
22

Map It Out: Identify your kid's executive function profile.

with Seth Perler, M.Ed.

7-8 PM EDT / 4 PM PT

TUESDAY

JULY
23

Get Centered: Identify where your energy is best spent.

with Penny Williams

12-1 PM EDT / 9 AM PT

JULY
23

Get proven solutions: Organizing, time management & study tools.

with Leslie Josel

7-7:45 PM EDT / 4 PM PT

WEDNESDAY

JULY
24

Get Organized: Build your IEP/504/ advocacy binder.

with Penny Williams

12-1 PM EDT / 9 AM PT

JULY
24

Reach Out: Prep your kids' educator(s) for teaching them.

with Penny Williams

7-8 PM EDT / 4 PM PT

Make the unpredictable, predictable: Prep your kid for the new school year - with Penny Williams

THURSDAY

JULY
25

Get Structure: Make routines like mornings / bedtime a lot easier.

with Penny Williams

12-1 PM EDT / 9 AM PT

JULY
25

Boost Confidence: Give your child a sense of agency and control.

with Sarah Wayland, Ph.D.

7-7:45 PM EDT / 4 PM PT

Provide Feedback: Create systems for noticing small wins and successes - with Penny Williams

FRIDAY

JULY
26

Mitigate Distractions: Create a homework station.

with Penny Williams

12-1 PM EDT / 9 AM PT

JULY
26

Boost Wellness: Create a back-to-school blueprint for your teen.

with Kristi Simons

7-8 PM EDT / 4 PM PT

WORKSHOP FOR YOUR TEEN: Create your back-to-school blueprint (B2SB) - with Kristi Simons

SATURDAY

JULY
27

Make It Simple! Create menus for breakfasts, lunches, and snacks.

with Penny Williams

4-4:45 PM EDT / 1 AM PT

JULY
27

Connect! Virtual Wrap-Up Q&A and Community Gathering

5-6 PM EDT / 2 PM PT

[PARENTINGADHDANDAUTISM.COM/PREPWEEK](https://parentingadhdandautism.com/prepweek)