

STRENGTHS-BASED APPROACH  
**SELF-ASSESSMENT**

Inspired by Matthew Zakreski, Psy.D.

WHAT I'M GOOD AT

WHAT I'M OK AT

WHAT I NEED HELP WITH

HOW I CAN USE WHAT I'M GOOD AT TO OFFSET WHAT I NEED HELP WITH:

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STRENGTHS-BASED APPROACH

# PARENT ASSESSMENT

Inspired by Matthew Zakreski, Psy.D.

WHAT MY CHILD IS GOOD AT

WHAT MY CHILD IS OK AT

WHAT MY CHILD NEEDS HELP WITH

HOW I CAN USE WHAT MY CHILD IS GOOD AT TO OFFSET WHAT THEY NEED HELP WITH:

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STRENGTHS-BASED APPROACH

# TEACHER ASSESSMENT

Inspired by Matthew Zakreski, Psy.D.

WHAT MY STUDENT IS GOOD AT

WHAT MY STUDENT IS OK AT

WHAT MY STUDENT NEEDS HELP WITH

HOW I CAN USE WHAT MY STUDENT IS GOOD AT TO OFFSET WHAT THEY NEED HELP WITH:

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